

# SACK LUNCH PROGRAM

Union Station Homeless Services is in need of Volunteer Groups...family, corporate, religious, civic or social groups...to provide sack lunches once a month for our homeless clients. For more info call **626-240-4550 ext. 125** or email [volunteer@unionstationhs.org](mailto:volunteer@unionstationhs.org)



HOUSING + EMPLOYMENT + LIFE SKILLS

## FAMILY CENTER SACK LUNCHES

These lunches are for our school aged children.

- 50 sack lunches (Monday-Friday only)
- Commitment: once a month for a year.
- Lunches include:
  - 1 Sandwich with meat (in a separate bag)  
No condiments (mayo/mustard/lettuce, tomatoes etc.) If included must be in baggie.
  - Fruit (no bananas)
  - Chips
  - Healthy Snack (such as a granola bar)
  - Dessert (no candy)
  - Beverage (juice based or water, No Soda)
  - Napkin
  - Plastic Utensils (if needed)
- Place the lunch in a paper bag and date.
- To be delivered daily to our Family Center (825 E Orange Grove Blvd) by 9PM the evening before your assigned day.

## ADULT CENTER SACK LUNCHES

These lunches are for our Adult Center clients.

- 50 sack lunches (once a week)
- Commitment: Once a month for a year.
- Lunches include:
  - 2 Sandwiches with meat. Adding cheese is optional. No condiments on or in the sandwich such as mayo/mustard/lettuce or tomato. If included must be in a separate baggie.
  - 1 fruit (no bananas)
  - 1 chips
  - 2 Healthy Snacks (such as a granola bar)
  - 1 Dessert
  - 1 Beverage (juice based or water, No Soda)
  - Napkin
  - Plastic Utensils (if needed)
- To be delivered Sunday night by 9PM to the Adult Center (412 Raymond Avenue) of the assigned week.