

SACK LUNCH PROGRAM

Union Station Homeless Services need volunteer groups to provide lunches for our clients. If your family or your corporation, faith-based, civic or social group would like to provide sack lunches, please call us 626-240-4550 x124 or email mealprograms@unionstationhs.org.



FAMILY CENTER SACK LUNCHES

825 E. Orange Grove Blvd., Pasadena, CA

Purchase and prepare 48 sack lunches, once a month for 12 months. These lunches are primarily for our school aged children as well as periodically for a working parent.

1) Sack lunches for families must include:

- One (1) sandwich with meat, meat and cheese, or peanut butter and jelly
- Condiments (mayo/mustard/lettuce, tomatoes etc.) must be in a separate baggie
- Fruit (no bananas)
- Chips
- One (1) healthy snack (i.e. granola bar)
- Dessert (no candy)
- Beverage (juice or water, no soda)
- Napkin
- Plastic utensils (if needed)

2) Pack the lunch in a **paper bag**.

3) Clearly mark the bag with the **date**.

4) **Deliver** sack lunches to our Family Center by 9 pm the evening before your assigned day.

ADULT CENTER SACK LUNCHES

412 S. Raymond Ave., Pasadena, CA

Purchase and prepare 48 sack lunches, once a month for 12 months. These lunches are needed for our Adult Center clients who work.

1) Sack lunches include:

- Two (2) sandwiches with meat, meat and cheese, or peanut butter and jelly
- Condiments (mayo/mustard/lettuce, tomatoes etc.) must be separate baggie
- Fruit (no bananas)
- Chips
- Two (2) healthy snacks (i.e. granola bar)
- Dessert (no candy)
- Beverage (juice or water, no soda)
- Napkin
- Plastic utensils (if needed)

2) Pack the lunch in a **paper bag**.

3) Clearly mark the bag with the **date**.

4) **Deliver** sack lunches to our Adult Center on Sunday nights by 9 pm.



GUIDELINES:

Please remember to mark the **date** clearly on the bag.

Family Center:

- Deliver the day before your assigned date by 9pm.
 - Place sack lunches in small refrigerator in the kitchen utilizing the furthest refrigerated unit on the right.

Adult Center:

- Deliver on Sundays by 9pm.
 - Place sack lunches in low refrigerated units.

- If your group has to **cancel** and will not be able to provide your sack lunches let us know at least **one week in advance**.
- If you are no longer able to participate in the Sack Lunch Program, contact the Volunteer & Community Programs Department.

Volunteer & Community Programs Department

(626) 240-4550 x124 or (626) 255-1434

mealprograms@unionstationhs.org